



# basic education

Department:  
Basic Education  
REPUBLIC OF SOUTH AFRICA

<b>MARKS</b>	
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**ANNUAL NATIONAL ASSESSMENT 2014  
GRADE 9 ENGLISH FIRST ADDITIONAL LANGUAGE  
TEST**

**MARKS:** 80

**TIME:** 2 HOURS

**PROVINCE** \_\_\_\_\_

**REGION** \_\_\_\_\_

**DISTRICT** \_\_\_\_\_

**SCHOOL NAME** \_\_\_\_\_

**EMIS NUMBER (9 digits)**

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**CLASS (e.g. 9 A)** \_\_\_\_\_

**SURNAME** \_\_\_\_\_

**NAME** \_\_\_\_\_

**GENDER (✓)**

<b>BOY</b>	
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<b>GIRL</b>	
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**DATE OF BIRTH**

C	C	Y	Y	M	M	D	D
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**This test consists of 22 pages, excluding the cover page.**

**Instructions to the learners:**

1. The teacher will lead you through the practice exercise before you start the test.
2. Read all the instructions carefully.
3. Answer all the questions.
4. The duration of the test is 2 hours.
5. Write neatly and legibly.

**Practice exercise**

Circle the letter of the correct answer below.

Which country does the soccer team Bafana Bafana represent?

- A Australia
- B South Africa
- C Cameroon
- D Nigeria

You answered the question correctly if you circled the letter **B**.

**The test starts on the next page.**

## SECTION A: COMPREHENSION

Read the following article and answer the questions that follow.

### Healthy Living

- 1 Winter has taken a knock on our bodies. Yes! All those delicious stews, lovely yummy soft bread rolls with your soups and an overload of coffee and tea could possibly be cause for concern. It's time to dump all that and take some action and get those bodies ready for summer.
- 2 Easier said than done. You have been used to sleeping in your cosy bed and making excuses as to why not to get out of bed during the cold winter months. I call this winter hibernation for us! Well, here is a scary fact that might just get you out of that bed; 2 out of 3 people will without a doubt pick up 2 kg during winter!
- 3 You say why or how did this happen? Well, during winter we crave warm and comforting foods to keep us warm, and feel good. All the tea and coffee that you drink, just think, you have a minimum of 4 cups a day, with two spoons of sugar plus milk ... mmm, lots of calories there! Stews are packed with useless calories for us and far too many carbohydrates. Winter also means not getting enough exercise. If we factor all these into the equation, you will find it spells: TROUBLE!
- 4 Your body needs water to help carry nutrients to all the different cells and to help your kidneys and liver flush out waste products. Water also helps with your body temperature regulation and protecting your joints and organs. Drinking cold water in winter often isn't appealing, as a result your fluid intake may decline in the cooler months. While with warmer weather, it's a great time to reassess your fluid intake.
- 5 Aim to drink around six to eight glasses of water a day. Other liquids like milk, tea, coffee and juice can supplement your fluid intake for the day. Start right now, walk to the tap or water cooler and get a glass of water to drink. Drinking a glass of water or two 30 to 60 minutes before main meals may reduce your food intake and that is great for weight maintenance.
- 6 Fruits and vegetables are excellent sources of vitamins, essential minerals, fibre and lots of antioxidants. Eating fruit and vegetables doesn't need to be complicated – just eat more of anything you enjoy. Choose fresh fruit for your breakfast muesli, fresh salads for lunch, frozen veggies with a quick weeknight dinner or a fruit smoothie containing banana and berry fruits for a delicious snack. If you don't like what's in season and can afford to buy out-of-season fruit and vegetables, then go for it. What counts is not what's in your fruit bowl, but what you eat.
- 7 Food is one of the great pleasures in life!

Adapted from *Aspen Magazine*, volume 1.4

1. Circle the letter of the correct answer.

The article provides readers with valuable information about winter.

Choose the option that best describes the information that this article conveys.

- A The article informs readers about lifestyles.
- B The article informs readers about winter health problems.
- C The article informs readers about healthy living styles.
- D The article informs readers about healthy delicious stews. (1)

2. Use the text and answer the questions below.

2.1 State whether the following sentence is a FACT or an OPINION.

Give a reason to support your answer.

“Your body needs water to help carry nutrients to all the different cells and to help your kidneys and liver flush out waste products.”

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(2)

2.2 Quote a sentence from Paragraph 2 which shows that many people gain weight during the months of May to July.

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(2)

3. Circle the letter of the correct answer.

3.1 What is meant by the sentence: “Winter has a negative effect on our bodies.”

A People tend to gain weight during winter.

B People tend to lose weight during winter.

C People tend to be happy during winter.

D People tend to sleep all day during winter.

(1)

3.2 “... during winter we crave warm and comforting foods to keep us warm and feel good”. (Paragraph 3)

What is the writer saying about the winter habits of people?

Choose the best explanation.

A People like to eat in comfortable places where it is warm and cosy.

B People feel the desire to eat, which brings comfort during winter.

C People feel disappointed when served cold food during winter.

D People become overweight when eating food they are not supposed to.

(1)

4. What do you understand about the writer’s opinion that “Fruits and vegetables are excellent sources of vitamins.”? (Paragraph 6)

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(2)

5. Circle the letter of the correct answer.  
Identify the topic sentence in Paragraph 5 of the passage.

- A Drink a glass or two of water, 30 to 60 minutes before main meals.
- B Drinking 6 – 8 glasses of water a day is good for you.
- C Drink a glass of cold water 30 to 60 minutes after main meals.
- D Drink liquids like milk, tea, coffee and juice for supplement.

(1)

6. Refer to the article.

- In 60 words summarise Paragraphs 2 – 6 in **5 sentences**.
- Use your own words.
- Each point must be a full sentence.
- Indicate the number of words at the end of the summary.

6.1 \_\_\_\_\_

\_\_\_\_\_

6.2 \_\_\_\_\_

\_\_\_\_\_

6.3 \_\_\_\_\_

\_\_\_\_\_

6.4 \_\_\_\_\_  
\_\_\_\_\_

6.5 \_\_\_\_\_  
\_\_\_\_\_

(5)

Number of words: \_\_\_\_\_

7. Circle the letter of the correct answer.

7.1 What does the word 'yummy' mean as it is used in the article?  
(Paragraph 1)

A Juicy

B Delicious

C Fiery

D Spicy

(1)

7.2 Circle the letter of the correct answer.

Choose an antonym (opposite meaning) for the underlined verb.

"... reduce your food intake ..."

A decrease

B condense

C increase

D lower

(1)

8. Circle the letter of the correct answer.

In the article, we are informed about a healthy lifestyle. What does the article suggest that readers can do to maintain a healthy lifestyle?

- A People may lead a healthy lifestyle by following a nutritious diet.
- B People may eat healthy food when available.
- C Families may eat an unhealthy meal once in a week.
- D Eat anything you like from some food groups to be healthy.

(1)

**TOTAL SECTION A: 18**



**SECTION B: LANGUAGE**

9. There are six spelling and grammatical errors in the text below. Identify and correct the spelling and grammatical errors by writing them down in the space provided. Write down each error and the correction.

For years we have steered away from tasty avocados because they are 'fattening' – but the good news are that they are jam packed with healthy nutrients and happily, may even help you to slim down. Natural unprocessed plant fats are essential to the body and avocados contain plenty of them – minus the cholesterol. You will generally be healthier and lose wait more easily to.

- 1. \_\_\_\_\_
- 2. \_\_\_\_\_
- 3. \_\_\_\_\_
- 4. \_\_\_\_\_
- 5. \_\_\_\_\_
- 6. \_\_\_\_\_

(6)

10. Change the following sentence into direct speech. Start the sentence as indicated.

The writer said that their bodies need water to help carry nutrients to all the cells.

The writer said \_\_\_\_\_  
\_\_\_\_\_

(2)

11. Answer the questions.

11.1 Rewrite the sentence using the present progressive tense.  
Start the sentence as indicated.

During winter, healthy people eat fruit and vegetables.

During winter \_\_\_\_\_  
\_\_\_\_\_ (1)

11.2 Change the sentence into the future tense. Start the sentence  
as indicated.

Today, fruit and vegetables are excellent sources of vitamins.

Tomorrow, \_\_\_\_\_  
\_\_\_\_\_ (1)

12. Correct the sentence by changing the form of the verb in brackets.

Everybody's fluid intake (to decline) during cooler months.

\_\_\_\_\_  
(1)

13. Identify the part of speech of the underlined word.

Health conscious people are sensitive about their weight.

\_\_\_\_\_  
(1)

14. Form a compound sentence by using the conjunction (joining word) to combine the two sentences.

Fresh fruit and vegetables are healthy. Water reduces food intake.(while)

\_\_\_\_\_ (1)

15. Rewrite the following sentence into the passive voice. Start as indicated.

“Water regulates body temperature.” (Paragraph 4)

Body \_\_\_\_\_

\_\_\_\_\_ (2)

16. Complete the sentence by inserting the correct preposition.

Most teenagers are encouraged \_\_\_\_\_ eat healthy.

(1)

17. Provide the correct form of the adverb in brackets to complete the sentence.

Both teenagers and adults are (absolute) confused about fat content in foods.

\_\_\_\_\_ (1)

18. Complete the sentence by providing the correct collective noun.

You do not really need to eat a \_\_\_\_\_ of bananas to keep healthy.

(1)

19. Write the plural form of the word in brackets.

Food is one of the great pleasures in our (life).

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(1)

20. Circle the letter of the correct answer.

Identify the topic sentence in the sentence below.

Drinking cold water in winter often isn't appealing, as a result your fluid intake may decline in the cooler months.

- A Drinking cold water in winter often isn't appealing.
- B Drinking cold water in winter might decline because it isn't appealing.
- C Because drinking cold water in winter is not appealing.
- D Because drinking cold water in winter might decline.

(1)

21. Read the dictionary entry below and answer QUESTIONS 21.1 to 21.4.

<p><b>healthy</b> - adj. <i>strong and well</i> <b>1.</b> someone who is healthy is fit and strong and does not have any diseases. <b>2.</b> something that is healthy is good for you. e.g. <i>a healthy diet</i>. <b>3.</b> An organisation or system that is healthy is successful. e.g. <i>a healthy economy</i>.</p> <p><b>healthily</b> – adv.</p> <p><b>similar words:</b> fit, well</p> <p><b>origin:</b> from <i>Old English</i></p>
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21.1 What part of speech is the word 'healthy'?

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(1)

21.2 What does the word 'healthy' mean according to the dictionary entry?

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(1)

21.3 Complete the following sentence by giving the correct form of the word in brackets.

Of the two children, Thandi is \_\_\_\_\_ (health) than John. (1)

21.4 Give one word that has the same meaning (synonym) as the word 'healthy'.

\_\_\_\_\_ (1)

### Visual Literacy – Advertisement

22. Study the advertisement below and answer the questions.

The advertisement is framed by a hand-drawn black border. At the top, the text "Keep-off fried Chicken" is written in a large, bold, black, hand-drawn font. Below this, in a smaller, plain font, it says "- Doctor's advice". Underneath that is a white rectangular box with a black border containing the text "Really, really good chicken" in a bold, italicized font. Below the box is the Nando's logo, which consists of a stylized rooster head above the word "Nando's" with a small flame icon. At the bottom of the advertisement, there is a white rectangular box with a black border containing two paragraphs of text.

At Nando's, our chicken is trimmed of excess fat, butterfly cut and marinated for 24 hours, flame grilled – NEVER FRIED – to perfection and basted to your choice of lemon and herb, mild, hot and extra hot Peri-Peri.

So when you eat legendary Nando's flame grilled chicken you know you are enjoying the best tasting chicken in the world without health-risk oil.

22.1 Circle the letter of the correct answer.

Which fast food chain placed this advertisement?

- A KFC
- B Chicken City
- C Nando's
- D Hungry Lion

(1)

22.2 Circle the letter of the correct answer.

Who is the target market for this printed advertisement?

- A People who are hungry.
- B People who prefer to eat a wholesome chicken meal.
- C People who prefer to eat a wholesome vegetarian meal.
- D People who eat chicken on a doctor's advice.

(1)

22.3 In the advertisement, the phrase "**Keep-Off Fried Chicken**" is printed bold and in large fonts. Why do you think it is written in this format?

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(2)

22.4 What is the slogan for the advertised product?

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(1)

22.5 Circle the letter of the correct answer.

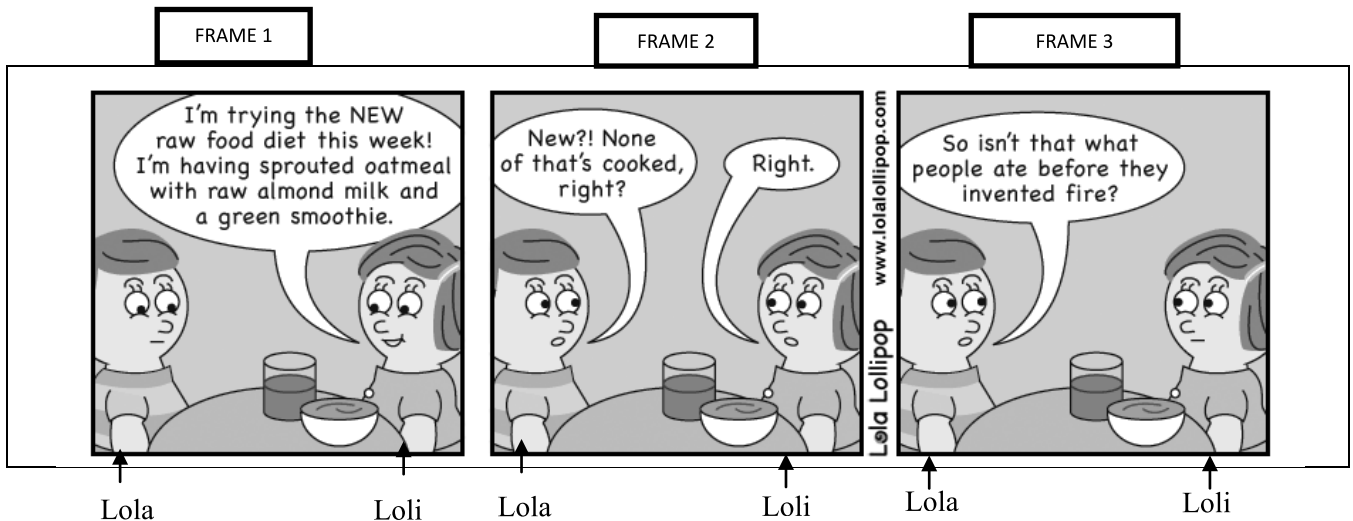
Which sentence best explains the phrase “Keep-off Fried Chicken”?

- A Do not eat fried chicken.
- B Eat fried chicken every day.
- C Eat fried chicken as much as you want.
- D Eat fried chicken from Nando’s.

(1)

### Visual Literacy – Cartoon

23. The cartoon below is about a conversation between two friends. Study the cartoon and answer the questions that follow.



23.1 Refer to Frame 1 and give a reason why the word ‘NEW’ is written in capital letters.

(1)

23.2 Rewrite the word, 'isn't' in full. (Frame 3)

\_\_\_\_\_ (1)

23.3 Circle the letter of the correct answer.

In Frame 2, which word would describe the tone of Lola's voice when she heard about Loli's raw food diet?

A Satisfied

B Annoyed

C Surprised

D Pleased

(1)

23.4 Quote one word from Frame 1 which shows that Loli's food does not need to be cooked in her diet.

\_\_\_\_\_ (1)

23.5 Do you think Lola will follow a raw food diet? Give a reason for your answer.

\_\_\_\_\_  
\_\_\_\_\_ (1)



## Literature – Poetry

24. Read the poem below and answer the questions.

<p>I Love Food by Carl Antoni Mallillin</p> <p>I love food, I love food It makes me feel really good Yummy and nutritious food Keeps me in a superb mood</p> <p>Food is a gift from above A sign of His assuring love Let us not waste this treasure Let's be thankful for this pleasure</p> <p>I want the whole world to know How it makes me go, grow and glow Just eat healthy and nutritious food And it would do you good I love food. I love food.</p>	<p>5</p> <p>10</p>
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24.1 Circle the letter of the correct answer.

Identify the figure of speech used in Line 9, "I want the whole world to know".

- A Rhyme
- B Assonance
- C Rhythm
- D Alliteration

(1)

24.2 Circle the letter of the correct answer.

Identify the figure of speech used in line 12, "And it would do you good".

- A Onomatopoeia
  - B Assonance
  - C Rhythm
  - D Simile
- (1)

24.3 What is food being compared to in line 7?

\_\_\_\_\_

\_\_\_\_\_ (1)

24.4 Circle the letter of the correct answer.

How does the poet feel about food in the first stanza?

- A Annoyed
  - B Happy
  - C Frustrated
  - D Surprised
- (1)

24.5 Write down any TWO words that rhyme from Stanza 2.

\_\_\_\_\_ (1)

24.6 In your own words, explain the meaning of the last stanza, as expressed by the poet.

\_\_\_\_\_ (2)

\_\_\_\_\_

**TOTAL SECTION B: 42**

## SECTION C: TRANSACTIONAL WRITING

25. Write a letter of appreciation to a friend or a relative who has helped you and given you good advice on healthy eating habits.

- Plan a letter to thank her/him for the good advice or help given.
- Plan the letter in the frame provided.
- The body (length) of the letter should be about **100 – 120 words**.
- Pay attention to the format and content.
- Re-read and edit your letter.
- Write your final letter in the space provided.

### Think about the following points when you plan your letter:

- **The purpose:** You are writing to show appreciation for help or advice. Thank the person and explain how they have helped you.
- **Main and supporting ideas:** Describe what they helped you with followed by details of how they helped you and how it has changed your life.
- **The language (register):** Use polite language that shows respect and show that you are grateful.  
e.g. I am so grateful that you suggested I should ...  
I am very pleased that you insisted that I ...
- **Sentence types:** Use short and long sentences to make sure your writing flows and it sounds as though you are talking to the person you are writing to.
- **Pay attention to the use of pronouns:** Use 'you', 'your', and 'yourself' when you address the person in your letter. Use 'I', 'me' and 'myself' when you refer to yourself.

**TOTAL SECTION C: 20**

**PLANNING**

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A large rectangular box containing 20 horizontal lines, intended for writing an answer.





