

NOVEMBER EXAMINATION 2018
LIFE ORIENTATION
GRADE 10

TIME: 2 HOURS
MARKS: 80

INSTRUCTIONS TO CANDIDATES

1. Answer all questions.
 2. Ensure you manage your time effectively.
 3. Think carefully before you commence writing.
 4. Write neatly and legibly at all times.
 5. This question paper consists of SEVEN questions and ELEVEN pages.
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SECTION A: 20 MARKS

QUESTION 1: MULTIPLE CHOICE

SELECT THE CORRECT ANSWER FROM THE OPTIONS PROVIDED BELOW. WRITE ONLY THE QUESTION NUMBER AND THE CORRECT ANSWER NEXT TO IT, FOR EXAMPLE, 1.1 F

- 1.1. For many years Cromptville High School had a water polo team that consisted of boys only. Thandi an excellent player, who belongs to an external team, would like to train with the school team to improve her skills. However, they refuse her. This is an example of:
- A. Gender stereotyping
 - B. School quota system
 - C. Affirmative action
- 1.2. The organisation responsible for overseeing education and training in South Africa is the,
- A. Department of education
 - B. National Qualifications Framework
 - C. South African Qualifications Authority
- 1.3. Which of the following does NOT form part of your deductions from your gross salary?
- A. Pay As You Earn (PAYE)
 - B. Unemployment Insurance Fund
 - C. Car
- 1.4. Interaction between a child or teenager under the age of 15 and an adult when the child or teenager is being used for the sexual stimulation of the perpetrator:
- A. Sexual Abuse
 - B. Incest
 - C. Statutory Rape

1.5. Equal opportunity for all. The human rights and dignity of every human being is respected.

This defines:

- A. Social Justice
- B. Social Responsibility
- C. Environmental Justice

1.6. Making use of children to beg on the streets as a way of making money refers to:

- A. Prejudice
- B. Stereotyping
- C. Exploitation

1.7. Upon the first democratic election, Senzo's parents decided to enrol him in an Ex-white only high school. On his first day, Senzo found that many of the learners refused to interact with him, sit with him during lunch, some of the teachers refused to assist him with the work.

This means that Senzo was a victim of:

- A. Prejudice
- B. Stereotyping
- C. Racism

1.8. Lolita produced excellent results at school as well as received merit awards for outstanding performances in Netball and swimming. She would love to apply to the University of Cape Town to study. However, she cannot afford it. Which of the following is the BEST option that Lolita can make use of?

- A. Bursary
- B. Scholarship
- C. Bank Loan

1.9. The continuous process of assessing and adjusting your current job and career path in the light of your lifestyle, likes and dislikes, interests, skills, personality, dream job can be seen as:

- A. Career Planning
- B. Career Change
- C. Career Field

1.10. In sports, the use of electronic systems is in place to ensure fair decisions are made.

This is to prevent...

- A. Subjective umpiring
- B. Match-fixing
- C. Maladministration

[10]

QUESTION 2: MATCHING COLUMNS

2.1 Realistic	A. Prefer to think, organise and understand. They are good problem solvers and are good with numbers. They like working alone and can be shy.
2.2 Investigative	B. People are competitive and like sport. They are doers, not talkers. They like being outside and prefer working with machines, tools, plants and animals.
2.3 Artistic	C. People like to express themselves artistically. They dislike rules, like tasks involving personal or physical skills, and are more likely to express their feelings than others.
2.4 Enterprising	D. People don't mind rules. They prefer order and don't like getting too personal. They like having status.
2.5 Conventional	E. People are good with words. They like to persuade rather than support others. They also value prestige and status and are more ambitious.

[5x2][10]

SECTION B:

QUESTION 3: DEVELOPMENT OF THE SELF IN SOCIETY

HOW DO YOUNG PEOPLE VIEW THEMSELVES AT PUBERTY?

At puberty, most children are uncomfortable with their image. They may not like the way they look. They feel clumsy, shy and insecure.

For boys, their voice breaks- and for both boys and girls acne and pimples make the situation even worse.

During puberty young people want to be like everyone else at their age. Girls maybe unhappy if they have their first period before the rest of their friends or if they are the first or last to develop breasts.

Puberty- child or adult?

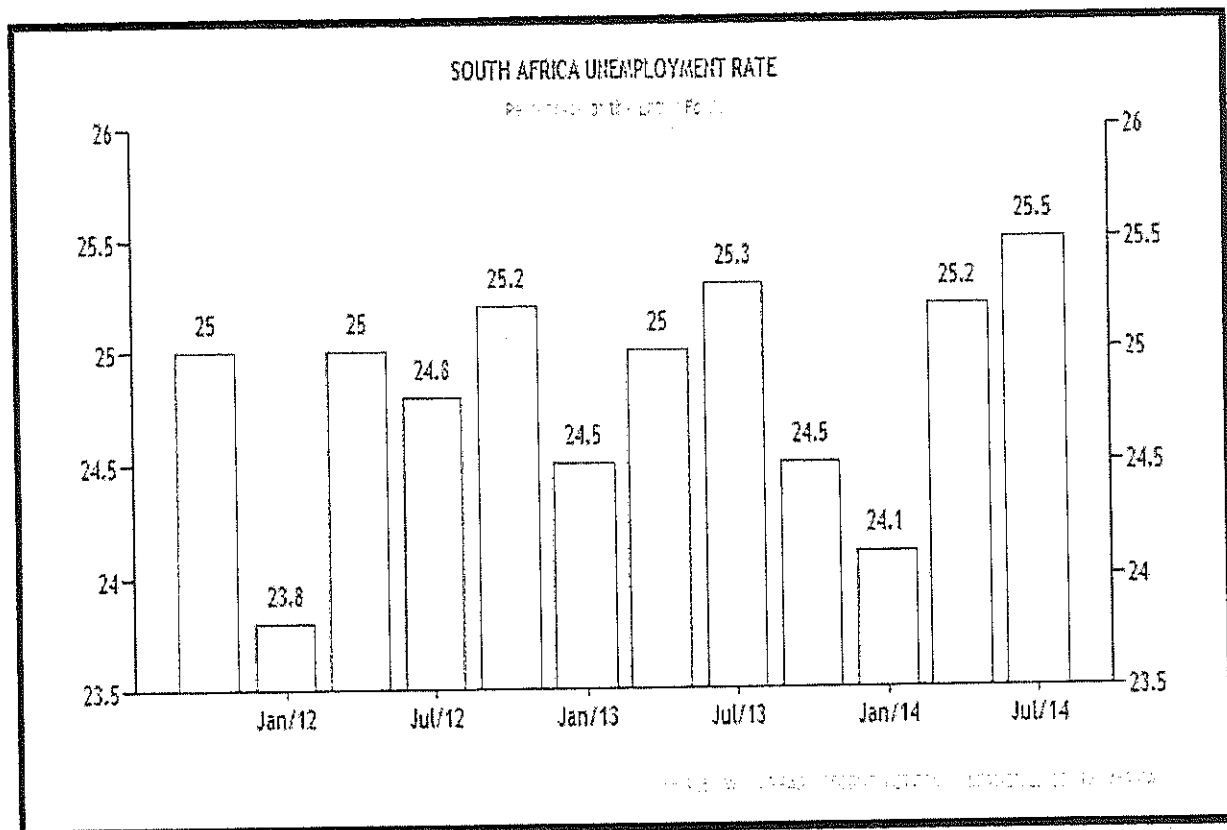
Puberty is a time of contrast because the child shifts between feelings of being a child and becoming an adult. Friendship with others of the same age may strengthen a teenager's self-confidence. Insecurity may make them want to imitate other people in their age group. Puberty is a time of life when the child begins to feel liberated.

- 3.1. Provide your own definition of puberty. (1x1)(1)
- 3.2. Briefly describe **TWO** ways in which physical changes that accompany puberty affect the development of children on a social level. (2x1)(2)
- 3.3. Discuss **TWO** risky behaviours that teenagers are most likely to engage in during puberty. (2x1)(2)
- 3.4. Explain why these teenagers are most likely to give in to the sort of behaviours provided above. (1x2)(2)
- 3.5. Provide **THREE** recommendations to other teenagers of productive ways to cope with the changes that accompany puberty. (3x1)(3)

[10]

QUESTION 4: CAREER AND CAREER CHOICES

Examine the graph depicting the recent statistics regarding unemployment in South Africa and answer the questions that follow:



4.1. It is evident in the graph, that 2014 has the highest rates of unemployment.

Provide **THREE** possible reasons explaining why the unemployment rate is so high. (3x1)(3)

4.2. Provide **TWO** reasons explaining how socio-economic factors could prevent a person from finding employment. (2x1)(2)

4.3. Discuss how life-long learning can contribute towards higher employment rates. (3x1)(3)

4.4 Describe how you as a learner can start preparing for future employment in your desired career. (1x2)(2)

[10]

QUESTION 5: STUDY SKILLS (10 MARKS)

EXAMINE THE FOLLOWING IMAGES AND ANSWER THE QUESTIONS THAT FOLLOW



A.



B.

- 5.1. Suggest **TWO** poor study habits evident in image A and B above (2x2)(4)
- 5.2. Define and illustrate **THREE** effective study strategies a learner can use when preparing for exams (3x2)(6)

[10]

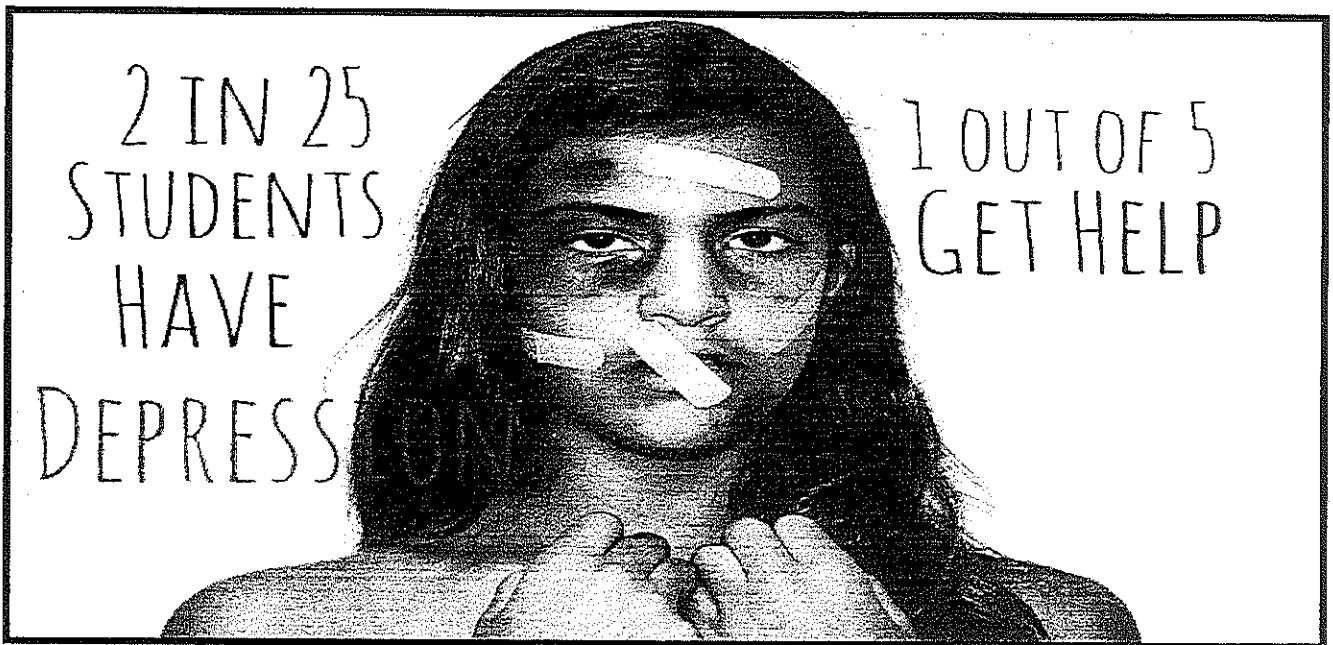
SECTION C: ESSAY WRITING

QUESTION 6: DEVELOPMENT OF THE SELF IN SOCIETY

Your essay should be approximately 1-1.5 pages in length.

Ensure your essay takes note of the following points supported by examples.

Read the text below and answer the question to follow:



According to the World of Psychology; "Suicide is the third-leading cause of death for young people ages 15 to 24. Approximately 20 percent of teens experience depression before they reach adulthood, and between 10 to 15 percent suffer from symptoms at any one time. Only 30 percent of depressed teens are being treated for it. Some teens are more at risk for teen depression and suicide than others."

6.1. Depression is an illness that affects many teenagers. Many suffer silently because they do not want to get help.
Write an essay of approximately 1-1.5 pages in length on the topic of depression.

Take note of the following points in your discussions:

- Explain the meaning of depression
- What brings on depression in teens
 - ✓ Point out the symptoms of depression
 - ✓ What can teenagers do to avoid depression
- What can happen to teenagers who are not a part of a treatment plan
 - Advise learners on what they can do if they feel they are depressed and also advice to parents who have teenage children and how they can help their children

[15]

QUESTION 7: CAREER AND CAREER CHOICES

EXAMINE THE EXTRACT BELOW AND ANSWER THE QUESTIONS THAT FOLLOW

TOP CAREERS IN DEMAND IN SOUTH AFRICA

The employment levels in South Africa are definitely not something to boast about. Recently we have experienced a lot of political changes and economic recessions that have significantly lowered the jobs in demand in South Africa. That being said; the employment situation in South Africa isn't as dire as you might think. There are, in fact, still a lot of careers in demand in South Africa such as engineering jobs and accounting jobs to name a few. In 2015, the South African government took it upon themselves to compile a report on the careers in demand in South Africa. According to the government gazette which was released in November 2015, some of the jobs in demand in South Africa are as follows:

1. Physical and Engineering Science Technicians
2. Accountants
3. Vocational and Further Education Teachers (FET)
4. Audiologists and Speech therapists
5. Medical Doctors

7.1. The above extract lists the jobs that are in demand in South Africa at the moment.

However, not every student in South Africa wishes to get into careers in the fields listed above.

Write an essay of approximately **1-1.5 pages in length** assessing the difficulties students are faced when trying to select careers.

TAKE NOTE OF THE FOLLOWING POINTS IN YOUR DISCUSSION:

- The struggle students face when choosing between a career that involves doing what they love and what will earn them money.
- How lifelong learning can also lead to success in one's career
- Reasons why people may want to change their careers
- How can one prepare for studies after school

[15]

GRAND TOTAL: 80 MARKS

