

**GRADE 10**  
**MARKS: 70**  
**EXAMINER:**  
**MODERATOR: .**

**ENGLISH HOME LANGUAGE**  
**PAPER ONE**

**TIME:2 HOURS**



**INSTRUCTIONS AND INFORMATION**

1. This question paper consists of THREE sections:  
SECTION A: Comprehension (30)  
SECTION B: Summary (10)  
SECTION C: Language in context (30)
2. Read ALL the instructions carefully.
3. Answer ALL the questions.
4. Start EACH section on a NEW page.
5. Rule off after each section.
6. Leave a line after EACH answer.
7. Number the answers correctly according to the numbering system used in this question paper.
8. Pay special attention to spelling and sentence construction.
9. Use the following time frames as a guideline:  
SECTION A: 50 minutes  
SECTION B: 25 minutes  
SECTION C: 45 minutes
10. Write neatly and legibly.

## SECTION A: COMPREHENSION

### QUESTION ONE

Read through the following texts and answer the questions set on them in your own words and in full sentences unless otherwise stated.

#### TEXT A

1

## Biography of Usain Bolt, Mutant.

2

In just two years, he has demolished the 100-meter dash world records with times that are superhuman. So what if the greatest athlete alive decided to actually get serious?

3

The low snap of a single gunshot bursts from eight speakers at once. Each speaker is positioned behind a single man, and each man is positioned more or less identically in a sprinter's crouch: his feet in the starting blocks, his legs slightly bent, his rear end higher than his shoulders, his fingers splayed on but not beyond the white chalk of the starting line. The color schemes of their Lycra uniforms are different, but otherwise, with their heads down, their faces invisible, their bodies immobile, it is hard to tell the runners apart.

4

It is the 100-meter finals of the 2008 Olympics, and the first man off the blocks, is Richard Thompson, of Trinidad and Tobago. Finally, in second to last place, Usain Bolt of Jamaica begins to run.

5

He's only been racing this distance for about a year, and the importance of a quick start is one of the things he's still getting used to. His specialty throughout his running career has been the 200 meters, a distance for which the start isn't as crucial. He's had to work to overcome some of his sloppy starting habits too. For example, he has a tendency to brush his left toe along the ground during the explosive burst from the blocks. He does it today, the front of his left shoe scuffing the track as he whips his leg forward to take his second stride. The shoe also happens to be untied, a sloppy mistake, no excuse.

6

Within the next few seconds, the so-called drive phase, the heads of the runners begin to come up, and their bodies start to straighten, their spines unfurling as their strides lengthen. Bolt is the biggest man in the pack. He's six feet five inches tall, 210 pounds. That makes him three inches taller and twenty pounds heavier than the second-biggest competitor.

7

During the drive phase, Bolt and the rest of the runners are all leaning forward at an unsustainable tilt. They are basically in the act of falling down, face-first, but their legs, racing against gravity, prevent that from happening, and their bodies begin to slowly rise up into a full upright position. Sprinters often describe this phase, when everything happens correctly, as being analogous to lift-off in an airplane.

8

By approximately the four-second mark, the drive phase has transitioned into the stage known as "full acceleration." The runners are now truly, in the classic sense, running. And it is at this point that the ultimate difference between Usain Bolt and his competitors reveals itself. It is both a simple difference and one that, when you witness, is hard to fathom.

9

When the other men reach their limit, Usain Bolt continues to accelerate. By the fifty-meter mark, he has caught up to the leader. By the sixty-meter mark, a noticeable gap has emerged between him and the rest of the pack. By the seventy-meter mark, he is covering more than twelve meters of ground — about forty feet — every second. Nobody has ever moved this fast before under his own power.

10

His top speed is so phenomenal, that many who witness this race, who see Bolt cross the line in 9.69 seconds, breaking his own three-month-old world record, don't notice, until they see the replay, what is perhaps the most salient and frightening thing about his performance: Approximately eighty meters into the race, Bolt stops trying. It happens right after he throws a quick glance toward the lane of his chief rival and the previous record holder, a fellow Jamaican named Asafa Powell. Now seeing that Powell is nowhere in sight, that, indeed, no other runner is visible, Bolt lets something like a smile cross his lips. Then his arms stop pumping. He drops them to his sides, pulls his shoulders back, pushes his chest out, splays his fingers. His legs continue to cycle, but he no longer provides them additional impetus. He coasts. Several meters before he crosses the finish line, a full half second before he wins the 100-meter final by one of the widest margins in Olympic history, he brings his right fist up and thumps his chest.

Nadav Kander

Adapted from article in *Esquire*: <http://www.esquire.com/sports/a7058/usain-bolt-bio-0410/>

**TEXT B**

## REFER TO TEXT A

### Refer to paragraphs 1, 2 and 3

- 1.1. Provide one item of evidence from **these** paragraphs which proves the writer's view that Usain Bolt is the "greatest athlete alive". (1)
- 1.2. Name the grammatical error in the question, "So what if the greatest athlete alive decided to actually get serious"? (1)
- 1.3. Considering the rest of the passage, what prompts the writer to suggest that Usain Bolt is not really serious about his running? (2)
- 1.4. Quote a word from paragraph three which shows us that this article is written by an American writer. (1)

/5/

### Refer to paragraphs 4, 5 and 6

- 1.5. Suggest a reason why the start is not as crucial in the 200 metre race as in the 100 metre race. (1)
- 1.6. Considering the argument being made in the article, why does the writer impress on us that Usain Bolt is the fourth runner to leave the starting blocks? (1)
- 1.7. The writer has used the word "sloppy" twice in paragraph 5.
  - 1.7.1. "his sloppy starting habits"
  - 1.7.2. "a sloppy mistake".Choose one of the two uses of sloppy (either 1.7.1. or 1.7.2) and provide a synonym. You need write only the number you choose and the synonym. (1)
- 1.8. Do you think the writer is trying to paint a picture of someone who is not committed to his running career in paragraph 5? Justify your answer. (3)
- 1.9. Does the writer see Bolt's size as an advantage or a disadvantage as a sprinter? Explain your answer. (3)

/9/

### Refer to paragraphs 7, 8, 9 and 10

- 1.10. Quote a clause which shows us what the writer sees as the difference between Usain Bolt and the other runners in the "full acceleration" phase? (1)
- 1.11. Explain why the writer says that this difference is "hard to fathom"? (2)

1.12. "Sprinters often describe this phase, when everything happens correctly, as being analogous to lift-off in an airplane."

1.12.1 Identify the figure of speech in this sentence. (1)

1.12.2 Explain this figure of speech. (2)

1.13 What is revealed of Usain Bolt's attitude to running in paragraph 10? Supply a reason for your answer which is drawn from this paragraph. (2)

**/8/**

**Refer to the whole passage**

1.14. Do you feel that the title of the article is an effective one? Explain why by referring to the passage. (2)

**/2/**

**Refer to Text B**

1.15 In your own words describe the point the cartoonist is making. (2)

1.16 Besides the name on his vest and the fact that he is running, Usain Bolt can be identified through his body language. Explain how the cartoonist has made him identifiable. (2)

**/4/**

**Refer to Text A and Text B**

1.17 Text B supports what the writer in Text A is saying. Identify and explain **one point** where the argument of Text A is depicted in Text B. (2)

**/2/**

**TOTAL FOR SECTION A = 30 MARKS.**

## SECTION B

### QUESTION TWO: SUMMARY

Carefully read **Text C** below. It suggests tips for teens for building up muscle.

Imagine you have been asked to write a short article of one paragraph of 90 words for your local community newspaper to guide young teens in how to build up muscle.

- Your article should be in one paragraph.
- Supply a title. This must be included in your word count.
- Indicate the number of words at the end of the article.
- You do not need to provide drawings or illustrations or your name.

**TOTAL FOR SECTION B: 10 MARKS**

### TEXT C

During your teen years, you're in a phase of your life when your body wants to grow. You're churning out hormones that are specially designed to help you get bigger, and right now you may be able to take in a huge amount of food and use it to build a strong body. Here are some tips to building strong muscles.

If you're new to exercise or you have any health issues -- especially heart problems or conditions that affect your muscles or joints -- get a physical examination by your doctor or other health care provider before you start a muscle-building program.

As you're starting on your path to bigger muscles, when it comes to food, focus on the basics, says Shawn Arent, PhD, a certified strength and conditioning specialist and associate professor at Rutgers University in New Jersey. "Spend your energy working out and eating properly -- not chasing fancy supplements. And don't even think about using steroids," he says. "They can do serious damage to your body now and in the long run."

When you're starting out, avoid tossing together bits and pieces of different weight-lifting programs you see in magazines, Arent says. Instead, build a basic core program that includes the bench press (for your chest), squats (legs), deadlift (legs and back), and shoulder press (shoulders and upper back). As you master these, or you start playing a sport that requires specific strengths, you can add more complex lifts.

You need calories for growth *and* performance! As a growing, active guy, you may need about 3,000 calories or more each day. So make sure you eat enough food.

Another muscle-building hormone your body makes is insulin, Arent says. It makes your muscles soak up sugar, proteins, and other things that make them bigger and stronger. Insulin is extra-effective right after a workout. So within 30 minutes after a workout, eat a blend of carbs and protein. But too much protein can harm the body and have serious effects on your kidneys. So don't eat too much of it.

Adapted from <http://teens.webmd.com/boys/features/building-muscle-in-teen-boys?page=2>

SECTION C: TEXTS FROM OTHER MEDIA

QUESTION THREE: ADVERTISING

Answer the questions set on TEXT D and TEXT E

TEXT D

<http://nicolestevenson.ca/wp-content/uploads/2015/03/ads1.jpg>



Text reads:

THE ULTIMATE QUICK FIX

The Nike Trainer One is not a magical toning shoe. It's a training shoe. Its Diamond FLX technology activates your muscles to work how they're supposed to, giving you faster results from all those squats, lunges and classes that you do. So you get fitter.

THIS SHOE WORKS IF YOU DO.

Nikewomen.com

Refer to TEXT D

- 3.1. The advertiser is punning on the phrase "quick fix". Explain the pun. (2)
- 3.2. Describe two techniques the advertiser has used in the composition of the advertisement to make the product more appealing? (2)
- 3.3. What is the target market of the advertisement? (1)

## TEXT E

Text Reads:

FROM HERE TO DISAPPEAR.

THE NEW WAVE RIDER 17 (In colour, the word "NEW" is in red.)

MIZUNO



<http://g-ec2.images->

[amazon.com/images/G/01/AMAZON\\_FASHION/2013/SHOES/APLUS/mizuno/wave/wrmen1.\\_V367916938\\_.jpg](https://amazon.com/images/G/01/AMAZON_FASHION/2013/SHOES/APLUS/mizuno/wave/wrmen1._V367916938_.jpg)

### Refer to TEXT E

3.4. There is not much copy (text) in this advertisement. Do you think this is an advantage or a disadvantage? Justify your answer. (2)

3.5. Comment on the sound device in: From here to disappear. (1)

/3/

### Refer to TEXT D and TEXT E

3.6. Which advertisement do you think is more effective? Give a valid reason why your choice is the more effective advertisement. (2)

/2/

(10)



**QUESTION FOUR: VISUAL LITERACY**

Answer the questions set on TEXT F and TEXT G.

**TEXT F**



<https://s-media-cache-ak0.pinimg.com/736x/0f/d6/65/0fd66652529de00b7b6e9621af7595f72.jpg>

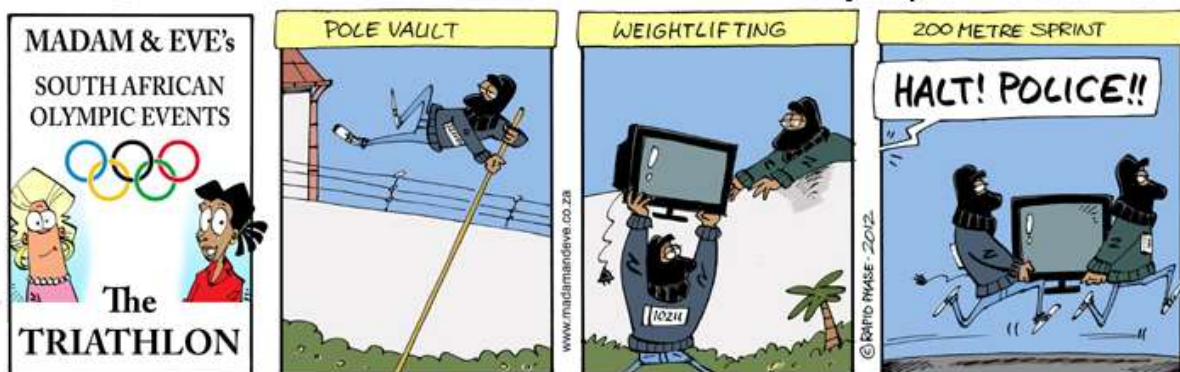
- 4.1. Give one word to describe the expression on Calvin's face in the first three frames. (1)
- 4.2. How does Calvin's body language in the last frame affirm what he is saying? (3)
- 4.3. Explain Calvin's reasoning. (1)

/5/

**TEXT G**

# MADAM & EVE

by Stephen Francis & Rico



[http://4.bp.blogspot.com/-PvIt\\_hLPUHo/UCYJb-PKeJI/AAAAAADWg/Uz5COUT3Aqg/s1600/sa\\_olympics4.jpg](http://4.bp.blogspot.com/-PvIt_hLPUHo/UCYJb-PKeJI/AAAAAADWg/Uz5COUT3Aqg/s1600/sa_olympics4.jpg)

- 4.4.1. This comic strip is an example of  
 a. sarcasm  
 b. satire  
 c. slapstick (1)
- 4.4.2. Explain your choice. (1)
- 4.5. Discuss the play on words and how it contributes to the humour (3)
- /5/ (10)

**QUESTION C = EDITING AND LANGUAGE USAGE**

**Answer the questions on TEXT H**

1	<b>Usain Bolt's foundation joins forces with IAAF programme</b>	
2	Monaco: Athletics superstar Usain Bolt has announced that his foundation is to join forces with <i>Athletics for a Better World</i> , a programme of the International Association of Athletics Federations (IAAF).	
3	Usain Bolt, under the auspices of the <i>Athletics for a Better World</i> and its members, provide organisations and people with a platform to use athletics effectively to make a positive difference around the world, reports CMC.	5
4	As part of the programme, the Usain Bolt Foundation will be able to utilise the IAAF's global footprint, marketing canals and sporting credibility ultimately to extend there message and influence more young people than ever before.	
5	"I 'm very proud that the Usain Bolt Foundation is officially partnered with the IAAF's <i>Athletics for a Better World</i> ," said Bolt, world and Olympic 100 metre, 200m and 4x100m champion, on Saturday.	10
6	"Since the foundation was formed, we have worked very hard to inspire kids to become anything that their hearts desire. So to be given this accolade by the IAAF is a reward for all the hard work, and a great opportunity for us to develop the foundation further and inspire more young people around the world".	15
7	Bolt will also add his name to the 12 athlete patrons currently involved in the campaign who include Jackie Joyner-Kersey, Marie-Jose Perec, Paula Radcliffe and Wilson Kipketer.	
8	The Usain Bolt Foundation has invested millions of dollars, particularly in Jamaica, into community development projects that enhance the health and education of the young people involved.	18
	<a href="http://zeenews.india.com/sports/others/usain-bolts-foundation-joins-forces-with-iaaf-programme">http://zeenews.india.com/sports/others/usain-bolts-foundation-joins-forces-with-iaaf-programme</a> 1802886.html	

**Refer to TEXT H**

- 5.1. Explain the use of the italics in paragraph 2 (1)
- 5.2. "*Since the foundation was formed, we have worked very hard to inspire kids to become anything that their hearts desire.*" (Paragraph 6)
- Change the above sentence into **reported / indirect speech**.
- Begin: Usain Bolt said... (2)
- 5.3. "*The Usain Bolt Foundation has invested millions of dollars, particularly in Jamaica, into community development projects.*" (paragraph 8)
- Change the above sentence into **Passive speech** (2)
- 5.4. Correct and name the grammatical error that has been made in paragraph 3. (2)  
You need only write out the parts of the sentence affecting your change.
- 5.5. There are two errors in paragraph four.
- 5.5.1. Correct the malapropism. (1)
- 5.5.2. Correct the word which is misspelt. (1)
- 5.6. Two apostrophes have been used in line 9. Explain the difference in use. (1)
- (10)**

**TOTAL FOR SECTION C = 30 MARKS.**

**TOTAL FOR SECTION A (30) + SECTION B (10) + SECTION C (30) = 70 MARKS.**